

corodo

total performance and training

- BASKETBALLSCHOOL
- BASKETBALL ACADEMY
- CONSULTING
- HIGH PERFORMANCE BASKETBALL CAMPS

Corodo trains and develops young talented players and professional players from across Europe

During the upcoming summer Corodo is hosting an Internal High Performance Basketball Camp in collaboration with Sunparks Mol.

Camp Info:

Corodo High Performance Basketball Camp for young talented, semi- and professional players.

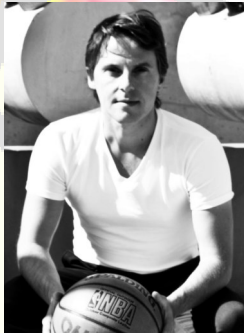
Timings and Costs:

Monday July 13th until Friday July 17th 2015

Price: €650

Your Trainers:

The camp is hosted by Rossi Dominic as your individual basketball trainer and Alain Ptak as a well-known physical trainer.



Rossi Dominic:

Individual trainer in:
- Castor Braine D1
- Wolves Pepinster D1
- Owner of the Corodo Basketball Academy



Ptak Alain:

Physical trainer in several clubs in high division league.

Physical trainer for the 2012 Olympic National Women Hockey team

Included:

- 21 % Taxes
- Your stay in Sunparks with comfort service and full pension arrangement
- Free use of their facilities (bikes and swimming pool)
- 3 Meals a day
- Free Wi-Fi
- Corodo Basketball T-shirt
- 3 Individual training sessions from 1,5 hours in small groups of 4 players per day
- Individual evaluation during the last day of our camp



Business Solutions



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The objectives of this camp are :

Become a better individual player via creative, intensive and challenging game-related exercises

What can YOU expect:

- *A whole range of individual skills*
- *Becoming a better ball handler*
- *The ability to move more efficiently*
- *The ability to drive more quickly towards the basket and change direction at any time*
- *Learning how to control the pace of the game and create opportunities for you and/or your teammates*
- *A variety of skills you can use to become more unpredictable to your opponent*
- *Different ways to become a better passer*
- *Shooting of the dribble or after a pass in balance and at top speed*
- *Learning how to put pressure on your opponent when he/she has the ball*
- *Playing games in different game situations*

Registrations:

 info@corodo.be
corodobasketbal@gmail.com

 www.corodo.be

 [CorodoSportsAcademy](https://www.facebook.com/CorodoSportsAcademy)



Business
Solutions

